



TOAST ON BLOOR

WEEKDAY
8:00 - 3:00

WEEKEND
8:00 - 4:00

ALL-DAY BREAKFAST

Toast Breakfast

3 eggs served with toast, fruit, home fries, and choice of:

- Polish sausage
- peameal
- avocado
- bacon



\$14.99

Breakfast Crepe

\$18.99

Scrambled eggs, bacon, and cheese wrapped in a crepe, drizzled with hollandaise. Served with home fries and salad.



Light Toast Breakfast

Cottage cheese on toast with 2 eggs of choice and house salad

\$12.99

Avocado Toast

2 eggs poached with guacamole on toast, served with home fries and salad.

\$14.99



Savory Omelette Crepe

\$18.99

Mushrooms, onions, and spinach omelette, wrapped in a crepe, drizzled with hollandaise. Served with home fries and salad.

Creamy Salmon Crepe

\$21.99

Crepe stuffed with Smoked salmon and cream cheese. Topped with dill, capers, and pickled onion. Served with home fries and salad.

Toast Egg Benedict

2 eggs poached topped with hollandaise, served on English muffin with home fries and salad.

Choice of:

- mexi: seasoned beef, guacamole, pico \$21.99
- spinach, sautéed onion, Swiss cheese \$18.99
- sautéed mushroom & grilled tomato \$17.99
- Norwegian smoked salmon \$21.99
- Montreal smoked meat \$20.99
- smoked duck \$19.99
- peameal \$17.99
- avocado \$17.99
- bacon \$17.99

Cheese Omelette

3 egg omelette with mixed cheese, served with home fries, salad, and toast.

Add-ons (1.99 each):

- sautéed mix peppers
- sautéed onions
- smoked meat
- pico de gallo
- green onion
- mushrooms
- tomatoes
- bacon



\$15.99

Berry Bliss Crepe

\$16.99

Crepe stuffed with strawberry and banana. Topped with chocolate syrup drizzle and whipped cream.



French Toast

\$15.99

Golden French toast with fresh fruit, whipped cream, topped with icing sugar. Served with real Canadian maple syrup.

Toast Pancakes

3 fluffy pancakes served with real Canadian maple syrup.

Choice of:

- Buttermilk pancake \$12.99
- Chocolate chip pancake \$15.99
- Berry pancake \$16.99



Everything Bagel or English Muffin

- Egg and Montreal smoked meat \$9.99
- Egg, tomato, and avocado \$8.99

New Vegan Option!

Substitute Scrambled Tofu for eggs in any dish.

Vegan options or modifications available where marked

Gluten-free options or modifications available where marked



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ALL-DAY BREAKFAST

Breakfast Poutine

\$19.99

Home fries poutine with cheese curds, bacon, Polish sausage, Montreal smoked meat, gravy, and 2 eggs. Topped with green onion.



Toast Burrito Wrap

\$17.99

3 eggs scrambled, brown rice, pico, sweet corn, bacon, avocado and cheese. Served with home fries.



Veggie Scrambler

\$17.99

Home fries with sautéed mushrooms, onions, mix peppers, gravy and 2 eggs. Topped with green onion.

Smoky Sunrise Bowl

\$17.99

Hearty breakfast bowl with brown rice, sautéed peppers & onions, pico, avocado, bacon, two eggs, and chipotle drizzle.



Steak and Eggs

\$28.99

6oz flat iron steak served with 2 eggs, house salad, home fries, and toast.

Steak can be served:

- rare
- medium rare
- medium
- medium well
- well done



STARTER & SHAREABLE

French Onion Soup

\$8.99

Beefy French onion soup with croutons, melted Swiss cheese. Topped with green onion.



Guacamole & Chips



\$13.99

House-made potato chips served with pico de gallo, guacamole, and pita.



Quesadilla

\$18.99

Pico de gallo, sautéed onions, and mix cheese stuffed inside white tortillas, toasted till crispy. Served with sour cream and salsa. Topped with green onion. Choice of:

- grilled chicken
- ground beef

Poutine

\$12.99

Traditional poutine with crispy French fries, topped with cheese curds and vegan gravy.

Sweet Potato Fries

\$8.99

Crispy sweet potato fries served with chipotle mayo dipping.



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SANDWICHES & MORE

Toasty Grilled Cheese

 \$14.99

Marble and Swiss cheese on grilled toast, served with home fries. Add on:

- bacon \$4
- mushrooms \$3
- tomato \$2
- green onion \$1



Southwest Wrap

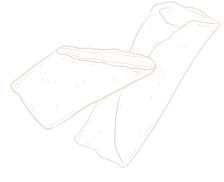
 \$21.99

Comes with guacamole, corn, pico de gallo, radishes and cucumbers.

Served with home fries.

Choice of:

- grilled chicken
- beef
- jackfruit 



Toast B.A.T

 \$15.99

Bacon, arugula, tomato, and mayo on 2 pieces of toast. Served with home fries.

Toast Club Sandwich or Wrap

 \$21.99

Grilled chicken, bacon, arugula, tomato and mayo on triple-decker toast or in a wrap. Served with home fries.



Toast Veggie Sandwich

 \$15.99

Sautéed peppers, onions, mushrooms with pesto aioli, arugula and tomato on a ciabatta bun. Served with home fries.

- Add Swiss cheese \$2.50

Toast Chicken Sandwich

 \$21.99

Grilled chicken, sautéed peppers, onions and mushrooms with pesto aioli on a ciabatta bun. Served with home fries.

- Add Swiss cheese \$2.50



Toast Reuben

 \$19.99

Smoked meat, Swiss cheese and sauerkraut on rye toast. Served with home fries.



Steak Frites

 \$26.99

6oz flat iron steak topped with sautéed onions and mushrooms. Served with fries.

Toast Dip

 \$20.99

Roast beef on a baguette with sautéed onions, served with home fries and au jus.



Toast Pierogies

 \$15.99

8 pan-seared Polish pierogies topped with bacon & sautéed onions. Served with salad and sour cream.

Choice of:

- pork
- cherry
- cheddar & potato
- cabbage & mushrooms



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Gluten-free options or modifications available where marked

SUBSTITUTIONS





Toast

- White Default
- Whole wheat
- Rye
- English muffin  +\$1.50
- Bagel +\$2.00
- Gluten-free  +\$2.99


Wrap

- White tortilla Default
- Gluten free tortilla  +\$2.99

Egg

- Sunny side up 
- Over easy
- Over medium
- Over hard
- Scramble
- Poached soft
- Poached medium
- Poached hard
- Scramble tofu  +\$0.75

Fries



- Home fries  Default
- Home-made potato chips
- French fries
- Sweet potato fries +\$2.99
- Poutine +\$2.99

Salad

- Toast salad Default
- Tomato slices +\$1.50
- Fruits +\$1.50

SIDES & ADD-ONS





Egg & Toast

- Egg  \$1.75
- Scramble tofu  \$2.00
- Toast \$1.50
- Gluten-free toast \$3.50
- English muffin \$2.00
- Bagel \$2.50


Fries

- Home fries  \$5.49
- Home chips \$5.49
- French fries \$6.49


Fruits & Vegetables

- Fruit bowl   \$5.99
- Side Toast salad \$4.49
- Sliced tomatoes \$2.99
- Avocado \$2.99
- Pico de gallo \$3.50
- Guacamole  \$3.50
- Sautéed onions \$1.99
- Sautéed mushrooms  \$3.99


Meat

- Bacon \$5.50
- Peameal \$5.50
- Smoked meat \$6.50
- Norwegian smoked salmon \$9.99
- Whole Polish sausage  \$6.50
- Grilled chicken \$8.99
- 6oz Steak \$16.99

Sauce

- Hollandaise \$3.50
- Gravy \$2.50
- Whipped cream \$1.50
- Flavour shot \$0.75
- Side sauce: 
 - Mayonnaise \$1.00
 - Chipotle mayonnaise \$1.00
 - Balsamic dressing \$1.00
 - Pesto aioli \$1.00
 - Sour cream \$1.00
 - Salsa \$1.00

Cheese

- Mix cheese (Mozzarella, Cheddar, Parmesan) \$2.50
- Swiss cheese \$2.50
- Cream cheese \$2.50
- Cheese curd \$2.50
- Cottage cheese  \$3.99

Available with any meal. Sides cannot be combined to create a meal.



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Gluten-free options or modifications available where marked